



**OPEN SPRINT MEET**  
**Saturday, 16 JANUARY, 2010**

**This meet is a recognized qualifying meet sanctioned by Swimming Queensland, an opportunity for Swimmers to get 50m times for Zoggs Sprints.**

**Please note the meet format:** Swimmers will be seeded from slowest to fastest across all age groups. This will mean swimmers will be racing others of a similar standard regardless of age. Placing and Awards will be presented in age groups in the 50m events only.

- DATE:** Saturday, 16 JANUARY, 2010  
**TIME:** Saturday **Gates Open: 7.30am.** Warm-up 8.00 am for a 9.00 am start  
**VENUE:** The Southport School, Winchester Street Southport  
*10 lane 50m pool with electronic timing and 6 lane 25m pool for warm up & warm down*  
**Pool Entry Fee: Adults \$3, Swimmers and Children FREE**  
**Programs: \$4 including lucky door prize ticket**  
**NOMINATION FEE:** **Team Manager** (TM) nominations **\$5.00** per event (incl. GST). **PLEASE NOTE: All Manual Nominations \$6.00 per event (incl GST).**  
**NOMINATIONS CLOSE:** **Manual – Monday 4<sup>th</sup> January, 2010**  
**Electronic – Wednesday 6<sup>th</sup> January, 2010**  
**AGE:** As at Saturday, 16<sup>th</sup> January, 2010  
**ELIGIBILITY:** Entry is open to any SQ ‘competitive’ registered swimmer. Entries from other states or international swimmers will be accepted with clearance from their state or country’s swimming body.  
**The minimum age for this meet is 8 years old.**  
**ENTRIES:** All entries **must be submitted through the swimmer’s Club Race Secretary**, either through Meet or Team Manager for Windows.  
**EVENTS:** As per attached Program of Events. Heats only will be swum in each event. Heats may be combined on the day with approval of the Meet Referee.  
**AWARDS:** **1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>** placing will be determined & awarded to the 3 fastest OFFICIAL times swum in the 50m events in age groups from 8 years to 17years & over.  
**1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>** placing will be determined & awarded to the 3 fastest OFFICIAL times swum in the 100m & 200m **OPEN** events.  
**Age Champions:** based on results in 50m events only.  
**RULES:** SQ rules will apply. One start rule will apply.  
**RESULTS:** A copy of results will be available at the close of the meet from TSS Aquatics Web Site: [www.tssaquatic.com.au](http://www.tssaquatic.com.au)

For any enquiries, please contact the Race Secretary – Jason Cooper 5531 9919

Nominations should be addressed to:

**Jason Cooper**  
**The Southport School**  
**Winchester Street**  
**Southport 4215**

Or, **TM entries only** emailed to [jason.cooper@tss.qld.edu.au](mailto:jason.cooper@tss.qld.edu.au). Entries sent through email must be followed with a completed print out of the nominations and full entry fees, within 3 working days.



SATURDAY 8.00AM WARM UP  
9.00AM START



<b>FEMALE</b>	<b>DISTANCE</b>		<b>AGE</b>	<b>MALE</b>
<b>EVENT</b>				<b>EVENT</b>
<b>1</b> <i>Qualifying Time</i>	<b>200m</b> <i>2.40.00</i>	<b>FREE</b>	OPEN	<b>2</b> <i>2.35.00</i>
<b>3</b> <i>Qualifying Time</i>	<b>200m</b> <i>3.05.00</i>	<b>IM</b>	OPEN	<b>4</b> <i>3.00.00</i>
<b>5</b>	<b>50m</b>	<b>FLY</b>	8 YRS & OVER	<b>6</b>
<b>7</b> <i>Qualifying Time</i>	<b>100m</b> <i>1.40.00</i>	<b>BACK</b>	OPEN	<b>8</b> <i>1.35.00</i>
<b>9</b> <i>Qualifying Time</i>	<b>100m</b> <i>1.50.00</i>	<b>BREAST</b>	OPEN	<b>10</b> <i>1.45.00</i>
<b>11</b>	<b>50m</b>	<b>FREE</b>	8 YRS & OVER	<b>12</b>
<b>13</b> <i>Qualifying Time</i>	<b>200m</b> <i>3.15.00</i>	<b>FLY</b>	OPEN	<b>14</b> <i>3.10.00</i>
<b>15</b> <i>Qualifying Time</i>	<b>200m</b> <i>3.35.00</i>	<b>BREAST</b>	OPEN	<b>16</b> <i>3.30.00</i>
<b>17</b>	<b>50m</b>	<b>BACK</b>	8 YRS & OVER	<b>18</b>
<b>19</b> <i>Qualifying Time</i>	<b>100m</b> <i>1.35.00</i>	<b>FLY</b>	OPEN	<b>20</b> <i>1.35.00</i>
<b>21</b> <i>Qualifying Time</i>	<b>100m</b> <i>1.25.00</i>	<b>FREE</b>	OPEN	<b>22</b> <i>1.20.00</i>
<b>23</b>	<b>50m</b>	<b>BREAST</b>	8 YRS & OVER	<b>24</b>
<b>25</b> <i>Qualifying Time</i>	<b>200m</b> <i>3.10.00</i>	<b>BACK</b>	OPEN	<b>26</b> <i>3.05.00</i>