

**SOUTHPORT OLYMPIC SWIMMING CLUB**  
Presents the  
**COOLCO Winter Open Classic**  
**SHORT COURSE**  
**OPEN QUALIFYING MEET**  
**Saturday 31<sup>st</sup> July, 2010**

Southport Olympic Swimming Club invites you to attend the 2010 **COOLCO Winter Open Classic** [formerly called Down Under Meet]. The Meet will be held on Saturday July 31<sup>st</sup>. It is a recognised qualifying meet and is sanctioned by Swimming Queensland. This OPEN style meet facilitates better racing as swimmers are seeded according to their entry times and not separated by age groups.

*\*Swimming Gold Coast registered swimmers will accrue points from this meet for end of season awards\**

**DATE:** Saturday 31<sup>st</sup> July, 2010  
**TIME:** Warm-up 8.00 am for a 9.00 am start  
**VENUE:** Gold Coast Aquatic Centre (Southport Pool)  
Pool Entry Fee: Adults \$4.00 Child \$3.00  
Swimmers free

**NOMINATION FEE:** Team Manager (TM) nominations \$5.50 per event  
PLEASE NOTE: All Manual Nominations \$6.00 per event

**NOMINATIONS CLOSE:** Electronic – Friday 23<sup>rd</sup> July 2010  
Manual – Monday 19<sup>th</sup> July 2010

**AGE:** As at Saturday 31<sup>st</sup> July 2010

**ELIGIBILITY:** Entry is open to any SQ ‘competitive’ registered swimmer. Entries from other states or international swimmers will be accepted with clearance from their state or country’s swimming body.  
The minimum age for this meet is 8 years [50m events], 11 years [events 400m and over], and 9 years [for all other events].

**ENTRIES:** All entries must be submitted through the swimmer’s Club Race Secretary, either through Meet or Team Manager for Windows, or on the attached nomination form.  
*Incomplete entries will not be accepted.*

- EVENTS:** As per attached Program of Events. Straight Finals only will be swum in each event. Southport reserves the right, on the day, to combine heats and events.  
Please advise the recording area if you have entered the 1500 Free and require an 800 split time.
- MEDAL AWARDS:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placings for each age group will be determined from the OFFICIAL times swum in the event. All age groups will receive medals from the minimum age allowed for the particular event to open age group (17 yrs+).
- RULES:** SQ rules will apply. This is a “No rule tolerance” meet. One start rule will apply.  
Feet first entry must be used for backstroke entry.  
Swim suits must comply with the current FINA regulations. Officials have the right to refuse a competitor to swim if their suit does not comply.
- RESULTS:** Results will be posted for display at the southern end of the pool.

For any enquiries, please contact the Race Secretary - John Reeves 0424 672 597 or the Head Coach Glenn Baker 0438 366 090.

Nominations should be addressed to:

**The Race Secretary  
PO Box 225  
GCMC  
Southport 4215**

Or, TM entries only emailed to [racesecretary@hotmail.com](mailto:racesecretary@hotmail.com) Entries sent through email must be followed with a completed print out of the nominations and full entry fees, within 3 working days.

**Lanes will be allocated to the various clubs competing for Time Keeping, this allocation will be in the program.**

# COOLCO Winter Open Classic

## SHORT COURSE OPEN QUALIFYING MEET

Saturday 31<sup>st</sup> July, 2010

### Program of Events

FEMALE EVENT	DISTANCE	STROKE	AGE	MALE EVENT
1	200m	FREE	9 YRS & OVER	2
3	50m	BREAST	8 YRS & OVER	4
5	100m	BACK	9 YRS & OVER	6
7	200m	IND. MED.	10 YRS & OVER	8
9	50m	FLY	8 YRS & OVER	10
11	100m	FREE	9 YRS & OVER	12
13	200m	BREAST	9 YRS & OVER	14
15	50m	BACK	8 YRS & OVER	16
17	400m	FREE	11 YRS & OVER	18
19	100m	FLY	9 YRS & OVER	20
21	200m	BACK	9 YRS & OVER	22
23	50m	FREE	8 YRS & OVER	24
25	100m	BREAST	9 YRS & OVER	26
27	200m	FLY	9 YRS & OVER	28
29	400m	IND. MED.	11 YRS & OVER	30
31	800m	FREE	11 YRS & OVER	31 (11,12 & 13 yr Boys)
	1500m	FREE	11 YRS & OVER	33

## QUALIFYING TIMES

<u>Distance</u>	<u>Stroke</u>	<u>Male</u>	<u>Female</u>	
200m	Freestyle	<b>2:56.00</b>	<b>2:56.00</b>	
400m	Freestyle	<b>5:10.00</b>	<b>5:15.00</b>	
800m	Freestyle	<b>10:20.00</b>	<b>10:20.00</b>	
1500m	Freestyle	<b>18:50.00</b>	<b>19:00.00</b>	
200m	Backstroke	<b>3:05.00</b>	<b>3:15.00</b>	
200m	Breaststroke	<b>3:30.00</b>	<b>3:35.00</b>	
200m	Butterfly	<b>3:10.00</b>	<b>3:20.00</b>	
200m	Individual Medley	<b>3:20.00</b>	<b>3:20.00</b>	
400m	Individual Medley	<b>5:50.00</b>	<b>6:00.00</b>	

ATTENTION !  
'Swimming Gold Coast' Registered Swimmers -  
[Points awarded for end of year awards at this meet!](#)

During the season Swimming Gold Coast will award points to swimmers 8 years to 14yrs & Over that attend specified meets during the season. A flyer will go to clubs shortly of all nominated meets & information on the awards criteria. Points will be tallied up at the end of the season and a special Presentation Day held for Awards to be handed out for the following; Rising Star; Presidents Award; Swimmer of Stroke ( Fr,Br,Ba,Bu,OW,IM & Dist Fr) Boy & Girl; Jnr Swimmer 10yr & U and 11yr & 12yr (combined).

Points will be awarded at this meet towards these awards.