



2010 PRO-MA MIAMI SUPERCHALLENGE

Saturday 30th January, 2010

PROGRAM OF EVENTS

Miami Aquatic Centre
Pizzey Park
80 Pacific Avenue
Miami, Gold Coast, Queensland



2010 PRO-MA MIAMI SUPERCHALLENGE

30th January 2010

Pro-Ma Miami Swimming Club invites you to attend the 2010 SUPERCHALLENGE. This meet is an A Grade meet sanctioned by Swimming Queensland (SQ) and times achieved are recognized as official qualifying times.

This meet is designed to provide swimmers with the opportunity to experience the heats and finals format. If you have qualified or are close to qualifying for the 2010 Australian National Age Championships then this meet is the perfect opportunity to prepare and practice for that event. We look forward to seeing you on race day.

- Venue** : Miami Aquatic Centre, Pizze Park, Miami, Gold Coast, Queensland
- Time** : Warm up – 7.30am for an 8.30am start. Finals will commence no later than 6pm (warm-up 5pm).
- Meet** : This meet is open to SQ registered swimmers, members of Clubs affiliated with other State Associations and international swimmers who meet clearance criteria.
- Age** : Age as at 30th January, 2010.
- Rules** : This meet will be conducted under SQ/SAL General Rules.
- Pool Entry** : Adults - \$4.00 Children - \$3.00 Swimmers - free
- Programs** : \$4.00
- Entries** : **All entries must be submitted by the swimmer's club Race Secretary.**

Interstate Swimmers must obtain a clearance from their respective State Associations prior to the closing date.

International Swimmers, who are members of another swimming affiliation and are training with clubs in Australia, must be nominated under their country name and not the Australian club name. Current international clearances must be obtained.

- Entry Fee** : Manual Entry \$6.00 per event(GST inclusive)
TM Entry \$5.00 per event (GST inclusive)

- Entries Close** : Paper Nominations Wednesday 13th January 2010
Electronic (TM Entry) Friday 15th January 2010
Printed Reports along with the correct entry fee must be received within 3 working days of the Meet closing date for the entries to be included in the program.

- Limited Entries:** Due to time constraints in running the heat session and to allow the final session to start on time and sufficient break in between, Pro-Ma Miami Swimming Club reserves the right to cap the number of swimmers when processing the entries. If necessary, the limit will be imposed when the Meet Manager progress timeline indicates that the heat session will finish after 3pm. Based on our previous SuperChallenge meets, to conclude the heat session on time, it may be necessary to limit the entries to approximately 425 swimmers. First in, best dressed. So, please email your TM entry file as early as possible followed by payment within 3 working days.

Late Entries : Pro-Ma Miami reserves the right at the sole discretion of the Meet Director to accept entries on the day if there are lanes available in existing heats and provided the entries meet the qualifying times (proof of time will be required).
A *late fee of \$20 per event* is paid directly to Pro-Ma Miami if the entry is approved, and provided the entry and the fee is received at least 1 hour prior to the commencement of the event.

Club Race Secretary contact information must be included with entries.

Entries should be submitted using Team Manager (TM) and emailed to the Race Secretary, Ann Stevens: ann_gary@bigpond.net.au

Enquiries to Ann Stevens to the above email address / mobile 0419 640 139

Manual Entries and Cheque Payment

Manual Entries and Cheque Payment should be sent to :

2010 PRO-MA MIAMI SUPERCHALLENGE
The Race Secretary -
Pro-Ma Miami Swimming Club
PO Box 2461 Burleigh DC 4220
Queensland

Cheques made payable to – Pro-Ma Miami Swimming Club

Direct Credit

Payment can also be made directly to the club's bank account:

Account Name : Pro-Ma Miami Swimming Club
Bank Name : Suncorp Metway
BSB : 484-799
Account No : 083473139
Reference : Your club name

Please include your payment reference number when emailing the TM entry file or attach the receipt with your manual entries and send them to the above postal address.

Qualifying Times

Results from qualifying meets and club night / time trial are acceptable for entry times. However, if qualifying time are not met at this meet, a *penalty of \$15 per event* will be invoiced to the clubs. Clubs that can verify the swimmers have achieved qualifying standards prior to the closing date for this meet will receive an exemption. Team Manager Proof of Time or Club Time Trial results signed by coaches will be required and can be submitted together with the entries or during the meet to our Club Race Secretary, Ann Stevens, to avoid the fine.

Awards

Age event place getters (1st 2nd 3rd) will receive medals. These will be determined from times swum in the timed finals in the morning session.

Finals place getters and the Open 800 Free, 1500 Free and 400IM place getters (1st 2nd 3rd) will receive prizes. Prizes to be awarded to both male & female place getters of the mixed events.

Age Champions will be recognised. Points to be accumulated from the 4 stroke age events. No points can be earned from individual medley and open events. Age groups eligible for age champions are each age group from 8 - 15yo and one age group only for 16&over.

Athlete Roster, Estimated Timeline and Club Timekeeping Roster

Athlete roster, estimated timeline and club timekeeping roster will be available for viewing from our website <http://www.miamiswimmingclub.com/> prior to the meet. It is recommended that Club Race Secretaries and swimmers check the athlete roster to make sure that all swimmers have been entered to the meet and number of entries for each swimmer is correct.

Please note that the estimated timeline will be provided for convenience only and must not in any circumstances be relied upon as being accurate or correct. Pro-Ma Miami Swimming Club makes no representations or promises on the accuracy of the timeline and can not be held in any way responsible if a swimmer misses his or her race if their event takes place at a different time to that shown on the timeline.

It is also recommended that each Club which has been rostered to provide timekeepers, prepare a roster of their own parents setting out the times those parents are expected to time keep for your Club.

Special Notes

Pro-Ma Miami Swimming Club reserves the right to combine heats.

The minimum age for all Open events is 11 years.

The 800m and 1500m Freestyle are the last two events of the evening session (Event 107 & 108).

The Open 50m, 200m and 400m events will be run as heats in the morning session with finals in the evening. The Open 800 Free, 1500 Free and 400IM will be timed finals.

100m Finals

- **Junior Finals** - Finalists for the Junior 100m Finals will be the fastest qualifiers selected from the 11 to 14 years events. These finals will be held in the evening.
- **Senior Finals** – Finalists for the Senior 100m Finals will be the fastest qualifiers selected from the 15 years and over events. These finals will be held in the evening.

Finalists' names will be published during the course of the day. Finalists must register their intention to participate in the finals before leaving the pool complex after the heats with the Finals' Coordinator. Swimmers who do not confirm their place in the finals will not be included in the evening program.



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Saturday, 30th January, 2010
MORNING SESSIONS – 7.30am warm up for an 8.30am start

FEMALE	QT	EVENT	MALE	QT
1	2:45.00	Open 200m IM	2	2:42.00
3	5:02.00	Open 400m Freestyle	4	5:00.00
5	3:05.00	Open 200m Breaststroke	6	3:00.00
7		16 yrs & Over 100m Backstroke	8	
9		15 yrs 100m Backstroke	10	
11		14 yrs 100m Backstroke	12	
13		13 yrs 100m Backstroke	14	
15		12 yrs 100m Backstroke	16	
17		11 yrs 100m Backstroke	18	
19	2:46.00	Open 200m Butterfly	20	2:42.00
21		11 yrs 100m Freestyle	22	
23		12 yrs 100m Freestyle	24	
25		13 yrs 100m Freestyle	26	
27		14 yrs 100m Freestyle	28	
29		15 yrs 100m Freestyle	30	
31		16 yrs & Over 100m Freestyle	32	
33		11 yrs 100m Breaststroke	34	
35		12 yrs 100m Breaststroke	36	
37		13 yrs 100m Breaststroke	38	
39		14 yrs 100m Breaststroke	40	
41		15 yrs 100m Breaststroke	42	
43		16 yrs & Over 100m Breaststroke	44	
45	2:46.00	Open 200m Backstroke	46	2:40.00
47	5:45.00	Open 400m IM	48	5:30.00
49	30.00	Open 50m Freestyle	50	28.50
51		11 yrs 100m Butterfly	52	
53		12 yrs 100m Butterfly	54	
55		13 yrs 100m Butterfly	56	
57		14 yrs 100m Butterfly	58	
59		15 yrs 100m Butterfly	60	
61		16 yrs & Over 100m Butterfly	62	
63		10 yrs 50m Freestyle	64	
65		9 yrs 50m Freestyle	66	
67		8 yrs 50m Freestyle	68	
69	2:26.00	Open 200m Freestyle	70	2:22.00
71		10 yrs 50m Backstroke	72	
73		9 yrs 50m Backstroke	74	
75		8 yrs 50m Backstroke	76	
77	3:10.00	12 yrs & Under 200m IM	78	3:05.00
79		8 yrs 50m Breaststroke	80	
81		9 yrs 50m Breaststroke	82	
83		10 yrs 50m Breaststroke	84	
85		8 yrs 50m Butterfly	86	
87		9 yrs 50m Butterfly	88	
89		10 yrs 50m Butterfly	90	



2010 PRO-MA MIAMI SUPERCHALLENGE

Saturday, 30th January, 2010
FINALS, 800m & 1500m events
 5pm warm up for a 6pm start

EVENT
Final - Open 50m Freestyle
Final - Open 200m IM
Final - Open 400m Freestyle
Final – Junior 100m Breaststroke
Final – Senior 100m Breaststroke
Final – Junior 100m Butterfly
Final – Senior 100m Butterfly
INTERVAL – PRESENTATIONS
Final - Open 200m Backstroke
Final - Open 200m Breaststroke
Final – Junior 100m Freestyle
Final – Senior 100m Freestyle
INTERVAL – PRESENTATIONS
Final - Open 200m Butterfly
Final – Junior 100m Backstroke
Final – Senior 100m Backstroke
INTERVAL – PRESENTATIONS
Final - Open 200m Freestyle
Event # 107 Open Mixed 800m Freestyle (QT 10:20.00)
Event # 108 Open Mixed 1500m Freestyle (QT 18:00.00)

IMPORTANT REMINDER

Finalists' names will be published during the course of the day. Finalists must register their intention to participate in the finals before leaving the pool complex after the heats with the Finals' Coordinator. Swimmers who do not confirm their place in the finals will not be included in the evening program.

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